



# TOUCH KAILASH TRAVELS AND TOURS

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।

## Kailash Mansarovar Yatra 2023 | Fly In Drive Out | SAGA DAWA

**Duration:** 16 Days

**Route:** Kathmandu – Lhasa – Mansarovar – Kailash – Kyirong – Kathmandu

### Trip Overview

*Touch Kailash Travels and Tours crew will embark on a pilgrimage with you to the holy land of Mount Kailash and Lake Manasarovar for fourteen days, starting from Kathmandu.*

*The tour starts off with visits to UNESCO World Heritage Sites in Nepal, then we cross the borders to Tibet, exploring and making our way to the Holy Mount Kailash. We explore the Holy Mount Kailash and the sacred surroundings. Some major sites we visit during this tour are Mount Kailash, Lake Mansarovar, Rakshasa Taal, Pashupatinath Temple, and more.*

### Trip Highlights

- Holy Mount Kailash and Lake Mansarovar
- UNESCO World Heritage Site – Pashupatinath Temple
- Sightseeing in Nepal
- Exploration of the Capital of Tibet – Lhasa
- Yamdrok Lake Visit
- Three Days Parikrama (kora) around Mt. Kailash
- Drolma La Pass – 6714m
- Exploration of Tibet and nomad lifestyle

### Itinerary

**Day 01: 24 May 2023:**

**Arrival in Kathmandu**

Our representatives will receive you at the airport in Kathmandu, and guide you to the hotel in Kathmandu. Later, we will have a small briefing session on the trip, and meet the other members in the group, overnight at the hotel.

Altitude: 1400m

Meals: D

Distance: Inside Kathmandu Valley

**Day 02: 25 May 2023:**

**Sightseeing in Kathmandu**

Today, we'll take a tour of a few well-known Hindu temples in the Kathmandu Valley. We will visit the Pashupatinath, Gujeswari Shaktipith, and Jalnarayan Temple. Later, you can get some supplies for the Yatra if necessary. Overnight at hotel in Kathmandu.

Altitude: 1400m

Meals: B, L, D

Distance: Inside Kathmandu Valley

#### **Day 03: 26 May 2023:**

##### **Sightseeing in Kathmandu**

We will visit some of the major attractions in Kathmandu Valley today, while we wait on receiving our visas (FOR NRI). Explore the Doleshwor Mahadev Temple – the 'shir' head part of Lord Kedarnath in Uttarakhand. We will then visit the Bhaktapur Durbar Square, the most preserved cultural heritage in Kathmandu, and return to the hotel. Overnight at hotel.

Altitude: 1400m

Meals: B, L, D

Distance: Inside Kathmandu Valley

#### **Day 04: 27 May 2023:**

##### **Kathmandu to Lhasa**

We drive to the Tribhuvan International Airport, and take a flight to Lhasa. We will receive you at the airport upon your arrival in Tibet and drive you to the hotel. The rest of today, go slowly so that you can acclimate to the altitude more quickly. For the lengthy trip ahead, keep in mind to drink lots of water and get plenty of rest.

Altitude: 3656m

Meals: B, L, D

Distance: 1.5 hours flight

#### **Day 05: 28 May 2023:**

##### **Lhasa Sightseeing**

Morning breakfast at the hotel, and we visit the capital city of Tibet, the old residence of The Dalai Lama, Potala Palace. We will visit the Potala Palace, approx. 3 hours in the old Palace Residence in the heart of the city. We will then head onwards to the Barkhor Street, then visit the Jokhang Temple in Lhasa. Explore around the place, and back to the hotel. Overnight stay in Lhasa.

Altitude: 3656m

Meals: B, L, D

Distance: Around Lhasa City

#### **Day 06: 29 May 2023:**

##### **Drive Lhasa to Shigatse – via Gyantse**

Our route passes via Gyatse to Shigatse, the capital of the Tsang region, home to the Panchen Lama, the second pope in Tibet. Excursion to the Tashilhunpo monastery (founded in 1447) early in the morning, stopping at the temple of Maitreya, the Buddha of the Future, as well as other monastic temples. We will stop over at the Yamdrok Lake for a nice view of the gigantic freshwater lake. Hotel overnight stay.

Altitude: 3900m

Meals: B, L, D

Distance: 272km – 7.5 hrs

**Day 07: 30 May 2023:**

**Drive from Shigatse to Saga – via Lhatse**

Your route today will take you across beautiful, over 5000-meter-high passes. You are kept busy by various activities, such as lakes and nomads pursuing tens of thousands of yaks and sheep, while you drive across Tibet's mountainous and sandy terrain. By late afternoon, you will have crossed the Bramha Putra River and be at the characteristic Tibetan and Chinese town of Sag for the evening.

Altitude: 4640m

Meals: B, L, D

Distance: 449km – 6 hours

**Day 08: 31 May 2023:**

**Saga to Mansarovar via Paryang**

After our breakfast at Saga, we will be driving to the highest fresh water lake in the world, the holy Mansarovar Lake, lying at an altitude of 4558 meters, stretching wide with a pristine greenish-blue color. The holy lake is believed to be the resting place of Lord Bishnu. It is surrounded by Mt. Kailash, Mt. Gurula-Mandata, and the Lake Rakshasha (Rakshash Taal). The Rakshash Taal is believed to be created by the Evil King Ravan, and the locals believe the water is poisonous. Overnight at guest house around Lake Mansarovar.

Altitude: 4558m

Meals: B, L, D

Distance: 277km – 6 hours

**Day 09: 01 June 2023:**

**Mansarovar Exploration – drive to Darchen**

We will get into our spiritual selves, and perform some rituals (puja) at the bank of the holy lake mansarovar. Our staffs will provide a bucket of hot holy water for each yatri from the lake Mansarovar for bathing. After our puja and prayers, we will complete the Parikrama of the Mansarovar Lake on a Jeep, and continue to the base camp of Kailash, Darchen. It is a village town right in front of the sacred Mt. Kailash. Overnight at hotel.

Altitude: 4575m

Meals: B, L, D

Distance: 110km – 2 hours (Mansarovar Parikrama)

40km – 1 hour (Mansarovar to Darchen)

**Day 10: 02 June 2023:**

**Darchen - Yamadwar - Drirapuk (Kora starts)**

We will embark on a three – day parikrama. We first drive to the small settlement of Tarboche, also called as Darboche. It is the starting point of the Kailash Kora, and is also known as the Valley of Gods. Yamadwar, the gateway of the God of Death, is located here in Tarboche. We will walk for a few hours to arrive at the settlement of Derapuk, settling right in front of the North Face of Mt. Kailash. Overnight and rest at a guest house.

Altitude: 4900m

Meals: B, L, D

Distance: 13km – 0.5 hours (Darchen to Tarboche Valley)

7km – 5 hours (Tarboche to Drirapuk)

**Day 11: 03 June 2023:**

**Dirapuk to Juthulpuk (Drolma La Pass)**

Among the three days of Kora, today is the longest and the most difficult day. We will be heading towards the village of Jarok Donkhang first, and hike towards the Shiva-stal. We will rest for some time, and take a steep downhill and get to the banks of Lham-chu Khir river. We catch sight of the Holy Pond of 'Gaurikunda'. We reach the village of Juthulpuk, this place is named after. The famous cave of Juthulpuk, Zruthulpuk cave, also known as 'the miracle cave'. We will also catch sight of the Buddha's Footprints along the way. Overnight at a guest house.

Altitude: 4760m

Meals: B, L, D

Distance: 19km – 8/9 hours (Dirapuk to Juthulpuk)

**Day 12: 04 June 2023: SAGA DAWA FESTIVAL:**

**Trek to Chongdo and Drive to Darboche valley. Exploration of Saga Dawa festival.**

Morning visit at Juthulpuk Monastery. Start all flat walking about 6 kilometers up to our driving crew. Further, drive to Darboche valley and observe and celebrate the Saga Dawa Festival. All the Tibetan gather here for the final day of Saga Dawa Festival. It is also difficult to get accommodation here for newly arrived people.

**Day 13: 05 June 2023:**

**Darchen to Saga**

After concluding the Saga Dawa Festival morning rituals, we will start our drive back to the town of Saga. After 7 hours of driving on paved roads, we arrive at Saga, where we will be spending the night in a guest house.

Altitude: 4640m

Meals: B, L, D

Distance: 470km – 9 hours

**Day 14: 06 June 2023:**

**Saga to Kerung**

Today will be a simple day. We drive in comfort and amazing scenery to Kerung, the last village town of Tibet to Nepal. We will be staying overnight and resting today

Altitude: 3000m

Meals: B, L, D

Distance: 170 km – 5 hours

**Day 15: 07 June 2023:**

**Kerung to Kathmandu**

After completing the immigration procedures at the Nepal-Tibet border, we will drive back to Nepal's capital, Kathmandu. Afternoon souvenir shopping and overnight at the hotel.

Altitude: 1400m

Meals: B, L, D

Distance: 175 km – 8 hours

**Day 16: 08 June 2023:**

**Departure**

Our representatives will drop you at the airport as per the flight timings, we conclude our Lhasa Kailash Tour with great memories.

**Trip Costs**

Indian Passport Holders : USD 3,650.00 p/p

Foreign Passport Holders : USD 3,350.00 p/p

Single Supplementary Cost : USD 450.00 p/p (only in Kathmandu, Lhasa)

**Inclusions**

**Documentation**

- ✓ Tibet Permits
- ✓ Tibet Visas
- ✓ Special Kailash Mansarovar Permit
- ✓ Applicable Entrance Fees to above mentioned places

**Transportation**

- ✓ All ground transportation in private vehicles
- ✓ Airport Pickup and Drop Off Service
- ✓ Kathmandu – Lhasa Flight

### Accommodation

- ✓ 4\* Standard Accommodation in Kathmandu, Lhasa
- ✓ Twin Sharing Basis in Kathmandu, Lhasa, and Tibet, Group Sharing in Kailash Region

### Support and Crew

- ✓ Nepali Guide and Tibetan Guide
- ✓ Nepali Crew Members in Kailash Region

### Meals

- ✓ Breakfast, Lunch, and Dinner (VEG)
- ✓ Drinking Water (2 bottles per day)

### Sightseeing

- ✓ KATHMANDU: Pashupatinath Temple, Guheshwori Shaktipeeth, Jalnarayan (Sleeping Vishnu) Temple, Thamel
- ✓ TIBET: Lake Mansarovar, Holy Mount Kailash, Potala Palace, Barkhor Street, Jokhang Temple, Milarepa Cave, Drolma La Pass, Yamadwar, Gauri Kunda

### Equipment

- ✓ Medical Kits
- ✓ First Aid
- ✓ Oximeter daily check (Pulse and Oxygen Level)
- ✓ Enough Oxygen Cylinders
- ✓ Other Necessary Equipment
- ✓ Stick for Parikrama

### Clothing

- ✓ Down Jacket on a returnable basis
- ✓ Duffle Bag
- ✓ Day Backpack
- ✓ Hat

### Exclusions

- ✗ Personal Expenses
- ✗ Pony – Horseman – Helper
- ✗ International Airfare
- ✗ Insurance
- ✗ Emergency Circumstances
- ✗ Extra Nights

### Requirements/ Documents

- Passport with a validity of minimum 6 months.
- Scanned Copy of Passport to be submitted 1.5 months in advance.
- Original Indian Passport to be sent to Touch Kailash Delhi Office at least 10 days in advance.
- Company Booking Form – [LINK](#)

### Booking Policy

- All the required documents are to be submitted on time.
- Clients must agree and abide by the Company Policy.
- Insurance is recommended – not compulsory.
- Clients must carry Proof of ID while traveling.
- The itinerary can be changed without notice due to unavoidable circumstances beyond of Touch Kailash's control, such as natural calamities, political unrest, itinerary changes by Chinese Authorities and so on.

### Cancelation Terms

Touch Kailash Travels requires a written application for cancelations, the following policy shall apply thereafter:

- If cancelled 30 Days prior to departure date from client's side, all previously paid amount(s) will be forfeited.
- If cancelled 31 – 90 Days prior to departure date, 75% of the deposit will be refunded except for the non – refundable deposit.
- If cancelled more than 90 days prior to departure date, all previously paid amount(s) will be refunded.

### Payment Mode & Options

- 30% of the amount to be deposited at the time of booking confirmation.
- 50% of the amount to be wired to Touch Kailash 15 days prior to yatra date.
- 100% of the amount to be cleared upon arrival in Kathmandu.

### Bank Details:

Everest Bank Limited  
Thamel Branch, Kathmandu  
Account No: 03500105200513  
Touch Kailash Travels and Tours  
Current Account

(Swift Code) EBL A/C = EVBLNPKA

Amounts can be sent from any branch of Punjab National Bank in India.

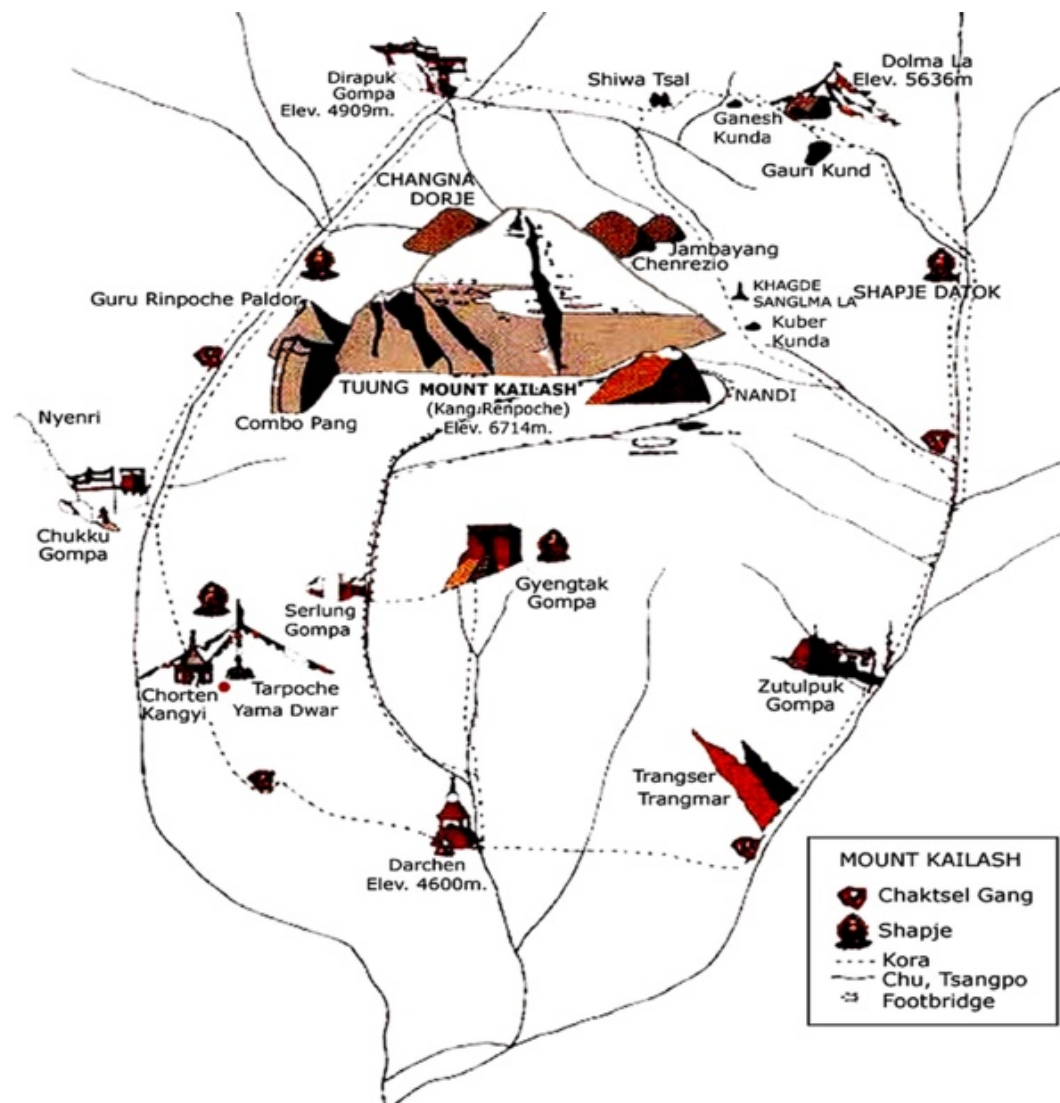
## Important Links

- [Terms & Conditions](#)
- [Booking Form](#)
- [Packing Recommendations](#)
- [More Kailash Tour Packages](#)

## Risk and Liability

The Touch Kailash Crew will make its best effort to make the journey successful and memorable. The Kailash Yatra is conducted under Chinese Authorities and Foreign Exchange Center Tibetan Autonomous Region (FEC TAR), hence, Touch Kailash Travels will not be liable to any last minute changes, any unforeseen circumstances, and emergency circumstances and evacuations, flight delays, extra nights to be stayed, natural disasters, altitude sickness and rescue. Any extra costs incurred shall be borne by the clients themselves.

## Map





## **Touch Kailash Travels and Tours**

Thamel, Kathmandu, Nepal

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