

## Lhasa Kailash Everest Base Camp Tour

Lhasa Kailash Everest Base Camp Tour starts driving from Kathmandu. 17 days tour is complete package covers major attraction of central and western Tibet. Reaching at base camp of world's highest peak Everest, holy Lake Manasarovar and pilgrimage site Mount Kailash, Historical cities of Tibet, Lhasa, Shigatse and Ghyantse are major visit of this tour. Trip is comfortable driving in well paved road at highest land of Tibet. 3 days of trekking around Mount Kailash is the adventure time of the trip crossing with Dolama La pass of 5637 miter. Breathtaking Himalaya's range of Nepal and Tibet will view from several highest passes. Historical and oldest Monasteries like Ronbuk near at Everest Base Camp, Chui at near Manasarovar, Milereppa cave near Nyalam are also listed of the tour.

Second largest monastery Tashilampo in Shigatse, fresh and natural Lake Manasarovar and Yamdrok Lake gives you really a meaning of choosing this tour. Beside that world famous Potala Palace, Jokhang Temple, Norbulinka Palace, Sera Monastery in Lhasa make this tour unforgettable.

Itinerary of Lhasa Kailash Everest Base Camp Tour can be customized. You can directly reach at Lhasa and end your tour in Lhasa. Driving in from Kathmandu and taking another way flight from Lhasa or vice versa is also the option. You also can add Guge Kingdom in this tour itinerary.



### Trip Highlights

- Drive in well paved road through decorative high passes
- Scenic Himalayan views from different high passes
- Lake Manasarovar and Mount Kailash
- 3 days Parikrama/ Kora of Mount Kailash
- Exploration of oldest monasteries and hot spring
- Reach at Northern Everest Base Camp
- Historically rich modern cities Shigatse, Gyantse and Lhasa
- Tashilampo Monastery in Shigatse and Yamdrok Lake on the way to Lhasa
- Potala Palace, Jokhang Temple, Sera Monastery, Norbulinka palace and Barkhor square in Lhasa
- Scenic Himalayan flight from Lhasa to Kathmandu

### Trip Fact

**Total Duration:** 17 Days

**Destination:** Tibet

**Trip Grade:** Moderate

**Transportation:** Private Transportation

**Accommodation:** Hotel and Guest Houses

**Max. Altitude:** 5637 Dolma La pass

**Pax :** Any

### Details Itinerary

**Day 01: Drive Kathmandu to Nyalam 3750 m (150 km - 6/7 Hours) Overnight at Guest House** After early breakfast we drive through Bhaktapur, Dhulikhel and reach Friendship Bridge in Nepal Tibet boarder. From here we walk for about 10 minutes to cross Friendship Bridge and meet our Tibetan guide and drivers. After all the immigration and custom formalities, our journey continues for another 35 km which can take almost 3 hours through the up-winding road to Nyalam with beautiful scenery. Then, you will be transferred to the guest house in Nyalam (3700m). We stay free and spend overnight here.

**Day 02: Nyalam to Tingri 4330 m (217 Km - 4/5 Hours) Overnight at Guest House** Driving today to Tingri is spectacular. Wide desert plains of the Tibetan Plateau, great view of Shishapangma Himalayas are much more pleasant. We will also get first view of Everest, its black pyramid towering above the highway. It was easy to believe from here that we are looking at the highest mountain on Earth.

**Day 03: Tingri to Rongbuk 4920m (130 Km - 4/5 Hours) Overnight at Guest House** We drive to Rongbuk which is the home of the highest Monastery in the world. There are magnificent views up the valley of Mount Everest and Cho-Oyu which can be seen from the guest house. Visit Rongbuk monastery, we take rest for acclimatization.

**Day 04: Visit Everest base Camp (5250m) and drive back to Sakya Monastery 4300m Overnight at Guest House** We will take a morning excursion to the Mount Everest Base Camp. Everest Base Camp is only 8 kilometers drive from Rongbuk Monastery. Short hiking and exploration of base camp. Drive back to Sakya and visit Sakya monastery.

**Day 05: Sakya to Saga 4640m (346 km - 7 Hours) Overnight at Guest House** Drive to Saga, entrance of Kailash Manasarovar and Guge Kingdom. It is second large city in Kailash region near Brahmaputra River. You could feel modernized Tibetan peoples and facilities here. Take rest after your long driving today.

**Day 06: Saga to Lake Manasarovar 4558 m (277 km - 4/5 Hours) Overnight at Mud House** Driving to Manasarovar. Late afternoon you can have first view of Holy Mt. Kailash and Lake Manasarovar. Hore – a small village is situated near Holy Manasarovar Lake. Manasarovar Lake Parikrama by bus. Holy Manasarovar (14950 ft/4558m) – the highest lake of fresh water with turquoise complexion in the world is full of fishes and swans. Holy Mt. Kailash, Mt. Gurula-Mandala, Lake Rakshash are lying on its surrounding. The region is considered rich for gold and other mines, hot springs and hundreds of wild living creatures.

**Day 07: Exploration of Manasarovar and drive to Tarchen 4575 m (40 km - 1 Hour) Overnight at Guest House** Holy Manasarovar is the lake of compassion, tranquility and bliss. After completing the memorable morning bath and exploration, we will be heading towards Tarchen (Darchen). If time permits, we visit Chui Gompa. Tarchen is considered as a base camp for Holy Kailash Parikrama. During the auspicious pilgrimage time, this place will be flooded with pilgrims with hundreds of tents all around.

**Day 08: Tarchen – Tarboche (13 km drive) and trek to Dirapuk 4909 m (7 km trek / 5 – 6 hrs) Overnight at Mud House** Drive to Tarboche valley, starting point of Kailash Parikrama. Tarboche is also known as outer “Asthapath”. It is one of the exciting days walking along the beautiful rocky cliffs; waterfalls with some clouds in the clear blue sky make you feel that Great God Shiva is everywhere with tons of blessing to you. Time to time the face of Mount Kailash will be kept on appearing. For 7 km trail walking takes almost 7 hrs.

**Day 09: Dirapuk – Zuthulpuk (4760m) passing through Dolmala Pass (5613m), 18 km trek / 9-10 hrs. Overnight at Mud House** Today you will be climbing to Dolma-la (Dolma-La 18600 ft/ 5613m) and then descending gradually to Zuthulpuk (4760m). Today is the most difficult day of the trek. Once you reach the

top, just do the holiest offering and sit down for meditation to forget in eternity. Once your steps go down, Parvati-stal and Gauri Kunda are on the way. By late afternoon you will arrive in Zuthulpuk

**Day 10: Zuthulpuk – Manasarovar via Darchen (10 km / 4-5 hrs) Overnight at guest house** Morning free time to explore the caves, temples and shrine around Milarepa cave. start walking 3 hours at flat land near by Darchen and all the drive with tour regular transportation to Manasarovar via Darchen. Overnight at Guest House bank of Lake

**Day 11: Manasarovar - Saga Overnight at Guest House** We can explore Lake Manasarovar and Mount Kailash view which is last view of this trip. Drive back to Saga following same driving route and transfer to guest house for overnight.

**Day 12: Saga - Shigatse 3900m (447km - 6/7 Hrs) Overnight at Hotel** Overnight at Hotel Our destination today is to second largest city of Tibet via Lhatse. Driving along Brahmaputra River & via wondrous valleys, fields, and lakes along the way make your eyes busy.

**Day 13: Shigatse - Gyantse 4025m (94 Km - 4 Hours) Overnight at Hotel** Exploration of Tashilhunpo Monastery, founded in 1447 by the 1st Dalai Lama, is a historic and culturally important monastery. Start driving to Gyantse. in Gyantse visit the Palcho Monastery. The highlight is the Kubum Stupa has a 35m-high chorten with its white layers trimmed with decorative stripes.

**Day 14: Gyantse - Lhasa 3650m (264 Km - 6/7 Hours) Overnight at Hotel** Along your driving route you will explore Yamdrok Lake, beautiful blue lake. For Tibetans, it is one of the four holy lakes of Tibet and the home of the “wrathful deities” and Karola Glacier at 5,560 m. reach at Lhasa and transfer to Hotel.

**Day 15: Sightseeing in Lhasa. overnight at Hotel** This morning we make sightseeing tour of the Drepung Monastery which was once Tibet's richest Monastery, with four colleges and 10,000 monks in its heyday in the 17th century. A group of white buildings stands on the hillside and out against the majestic Mt. Gambo Utse, here you can get a wonderful view of the Lhasa City and surrounding scenery. The next sightseeing spot is Sera Monastery. It is famous for its warrior monks, Dob-Doa. After that, we will visit Norbulingka which was once the summer palace of the Dalai Lamas. It contains several palaces, chapels, and buildings. Finally we drive back to the hotel.

**Day 16: Sightseeing in Lhasa. overnight at Hotel** Begin sightseeing in Historical city Lhasa that includes Potala Palace, the greatest monumental structure in Tibet, and it was once the center for both spiritual and temporal power of Tibet. You will be attracted deeply by rooms, halls, chapels, and furnishings of Potala Palace. And the stories that took place there will convulse you absolutely. In the afternoon, we will visit Jokhang Temple which is the holiest Tibet's temples. A palpable sense of reverence accompanies a visit here. The constant bustle, dazzling paraphernalia of worship, flickering butter lamps and wreaths of heady incense make the Jokhang Temple one of Tibet's most memorable experiences. Finally we will visit fascinating Barkhor Street which is Lhasa's liveliest place and it is also the main route for prayer wheels rotating

**Day 17: Departure from Lhasa** Drop you to Gongar Airport for your further flight to Kathmandu or to Mainland China. You also have option to exit Tibet by train to mainland China. Another option is to drive back Kathmandu to save your expensive flight cost from Lhasa to Kathmandu.

### Cost Include

- Private transportation in entire tour
- Tibet travel permit and group visa
- Accommodation in Tibet and Kailash on twin sharing and group sharing hotel/ guest houses
- Breakfast in Tibet (Shigatse, Gyantse, Lhasa and EBC part)
- An english speaking Tibetan guide
- Entrance fees for Manasarovar
- Singtseeing in major monuments and its entrance fees
- Yaks or Helper to carry goods during Kailash parikrama
- Emergency evacuation arrangement
- Service charge and government taxes

### Cost Exclude

- Lunch and Dinner in Tibet part (Shigatse, Gyantse, Lhasa and EBC part)
- All the foods (Breakfast, Lunch and Dinner) in Kailash part
- Personal horse and helper during Kailash parikrama
- Personal equipment, Insurance, Medical expenses
- Cost of emergency evacuation

### Trip Note

- **Lhasa Kailash Everest Base Camp Tour?** itinerary can be customized as per your interest. You also can add Guge Kingdom in this tour.

### Useful Info

1. Do not bring any books, magazine, pictures about Tibet, Buddhism or about any Lama's. Custom of China won't allow entering with those kinds materials.
2. Fresh vegetables, fresh fruits, liquids like Ghee, Oils are not allow entering from Chinese custom at Kodari.
3. Do not take any pictures and videos in Chinese customs, Army and police station
4. Make quei in every customs and in checking post as per your visa list number (your guide will give you instruction from first day)

5. Take cooperative position from every Nepali and Tibetan staffs and in Immigration sites

### **Booking Policy**

1. Application should be submitted at least 60 days before the provisional date of departure.
2. Minimum of 6 months valid Passport scan copy by mail or passport copy by courier should submit when the booking is made
3. Upon the confirmation 25% deposit amount per person is required which is nonrefundable.
4. In the case of Lhasa Kailash tour deposit amount is USD 1000 or equivalent currency.
5. Our company trip booking form with your signature as per our term and condition
6. All the clients need to carry ID Proof, (Voter ID Proof) OR passport original while traveling by air.
7. The itinerary can be changed without notice due to unavoidable circumstance beyond our control such as political unrest, Natural calamities, changes in itinerary by the Chinese authorities etc.

### **Cancellation Policy**

1. USD 400/- non-refundable, if the booking is done.
2. 50% cancellation charges of the rate package cost incase cancellation is received between 7 – 15 days of departure.
3. No refund in case cancellation is done after your permit and visa.
4. No refund or adjustment will be made in the event of interruption of journey by a client on his own after commencement of the tour.
5. Any changes in given itinerary requested by the client will be on chargeable basis.
6. Extra accommodation in Kathmandu over 3 nights as per itinerary due to early arrival from Kailash, rescue charges, medical bills are bill direct to Yatris.
7. If the trip is disturbed in case of Visa/ permit problem create from Tibet, or any other reason which is not in our hand, it is clients own risk and all the expenses are paid by clients.