

Lhasa Kailash Guge Kingdom Tour

Lhasa Kailash Guge Kingdom Tour starts driving from Kathmandu and fly back from Lhasa. Our first destination is to Lake Manasarovar and Mount Kailash. We also involve in three days circumambulation around Mount Kailash crossing through 5600 miter Dolma La pass. Tirthapuri, Tholing and Tsaprang are another destination after Mount Kailash which is known as Guge Kingdom. The Guge Kingdom was an ancient kingdom in western Tibet. The kingdom is situating around 2000 kilometer westward of Lhasa and very near from Mount Kailash and Lake Manasarovar. We visit ruins and several hot springs in Guge Kingdom. Ruins and landscape around Guge Kingdom are really impressive and picturesque. After being three days there, our destination is historical cities of Shigatse, Gyantse and Lhasa. Lhasa Kailash Guge Kingdom Tour is combination of ancient, religious, adventure and modern with real life styles of Tibetan and their religion. We also can add Everest Base Camp in this itinerary and plan in the way of opposite, Fly in first to Lhasa and drive back to Kathmandu.



Trip Highlights

- Drive in well paved road through decorative high passes
- Scenic Himalayan views from different high passes
- Lake Manasarovar and Mount Kailash
- 3 days Parikrama/ Kora of Mount Kailash
- Naturally decorative ruins and beautiful landscape of Guge Kingdom
- Exploration of oldest monasteries and hot spring
- Historically rich modern cities Shigatse, Gyantse and Lhasa
- Tashilapmo Monastery in Shigatse and Yamdrok Lake on the way to Lhasa
- Potala Palace, Jokhang Temple, Sera Monastery, Norbulinka palace and Barkhor square in Lhasa
- Scenic Himalayan flight from Lhasa to Kathmandu

Trip fact

Total Duration: 18 Days

Destination: Tibet

Trip Grade: Moderate

Transportation: Private Vehicle / Aero plane

Accommodation: Hotel and Guest Houses

Max. Altitude: 5637 Dolma La pass

Foods: Breakfast in Tibet part and no any foods in kailash Guge region

Detail Itinerary

Day 01: Drive Kathmandu to Nyalam 3750 m (150 km - 6/7 Hours) Overnight at Guest House After early breakfast we drive through Bhaktapur, Dhulikhel and reach Friendship

Bridge in Nepal Tibet boarder. From here we walk for about 10 minutes to cross Friendship Bridge and meet our Tibetan guide and drivers. After all the immigration and custom formalities, our journey continues for another 35 km which can take almost 3 hours through the up-winding road to Nyalam with beautiful scenery. Then, you will be transferred to the guest house in Nyalam (3700m). We stay free and spend overnight here.

Day 02: Acclimatization and free day in Nyalam. Overnight at Guest HouseWe involve in short hiking around hill of Nyalam. hike to uphill and reach around 4000 meter altitude. This activity help you to acclimatized your body in high altitude. You also can walk around Nyalam city

Day 03: Nyalam – New Dongba 4600 m. (390 km - 5/6 Hours) Overnight at Guest House After breakfast drive to New Dongba. Passing through many villages and camps of yak herders. Far south you can see snow-capped mountain peaks. Most of the time you will be driving on plains, hence you feel quite comfortable drive. we also can reach Saga if you choose better accommodation than basic

Day 04: New Dongba – Manasarovar 4558 m (277 km - 4/5 Hours) Overnight at Mud HouseDriving to Manasarovar. Late afternoon you can have first view of Holy Mt. Kailash and Lake Mansarovar. Hore – a small village is situated near Holy Mansarovar Lake. Manasarovar Lake Parikrama by bus.Holy Mansarovar (14950 ft/4558m) – the highest lake of fresh water with turquoise complexion in the world is full of fishes and swans. Holy Mt. Kailash, Mt. Gurula-Mandala, Lake Rakshash are lying on its surrounding. The region is considered rich for gold and other mines, hot springs and hundreds of wild living creatures.

Day 05: Exploration of Mansarovar and drive to Tarchen 4575 m (40 km - 1 Hour) Overnight at Guest HouseHoly Mansarovar is the lake of compassion, tranquility and bliss. After completing the memorable morning bath and Exploration, we will be heading towards Tarchen (Darchen). If time permits, we visit Chui Gompa. Tarchen is considered as a base camp for Holy Kailash Parikrama. During the auspicious pilgrimage time, this place will be flooded with pilgrims with hundreds of tents all around.

Day 06: Tarchen – Tarboche (13 km drive) and trek to Dirapuk 4909 m (7 km trek / 5 – 6 hrs) Overnight at Mud HouseDrive to Tarboche valley, starting point of Kailash Parikrama. Tarboche is also known as outer “Asthapath”. It is one of the exciting days walking along the beautiful rocky cliffs; waterfalls with some clouds in the clear blue sky make you feeling that Great God Shiva is everywhere with tons of blessing to you. Time to time the face of Mount Kailash will be kept on appearing. For 7 km trail walking takes almost 7 hrs.

Day 07: Dirapuk – Zuthulpuk (4760m) passing through Dolmala Pass (5613m),18 km trek / 9-10 hrs. Overnight at Mud HouseToday you will be climbing to Dolma-la (Dolma-La 18600

ft/ 5613m) and then descending gradually to Zuthulpuk (4760m). Today is the most difficult day of the trek. Once you reach the top, just do the holiest offering and sit down for meditation to forget in eternity. Once your steps go down, Parvati-stal and Gauri Kunda are on the way. By late afternoon you will arrive in Zuthulpuk

Day 08: Zuthulpuk – Manasarovar via Darchen (10 km / 4-5 hrs) Overnight at guest house Morning free time to explore the caves, temples and shrine around Milarepa cave. start walking 3 hours at flat land near by Darchen and all the drive with tour regular transportation to Manasarovar via Darchen. Overnight at Guest House bank of Lake

Day 09: Manasarovar to Zanda (3650m). Visit Tirthapuri. (340 km / 5-6 Hrs) Overnight at Guest house Drive towards bank of Sutlej River. It is 4 hours driving to reach Tirthapuri. Tirthapuri is place of Bhasmasur in Hindu and closed associate with Padmasambhava (Guru Rinpoche) in Buddhism. Hike-up to visit monasteries containing footprints of Guru Rinpoche. At the end of day, reach at Thada (Zanda) town and overnight

Day 10: Visit Guge Kingdom and Tholing in Zhanda. Overnight at Guest House Exploration of Tholing and 20 kilometer east Tsaparang valley today. Visit Ruins and most important monasteries. Both valley have significant role of Buddhism containing most important monasteries and other holiest sides.

Day 11: Drive back to Manasarovar, Horchu. Overnight at Guest House Driving back from Guge Kindgom to Lake Manasarovar. We stay at guest house near the bank of Lake. Explore evening view of Lake and Mount Kailash

Day 12: Manasarovar - Saga Overnight at Guest House We can explore Lake Manasarovar and Mount Kailash view which is last view of this trip. Drive back to Saga following same driving route and transfer to guest house for overnight.

Day 13: Saga - Shigatse 3900m (447km - 6/7 Hrs) Overnight at Hotel Our destination today is to second largest city of Tibet via Lhatse. Driving along Brahmaputra River & via wondrous valleys, fields, and lakes along the way make your eyes busy.

Day 14: Shigatse - Gyantse 4025m (94 Km - 4 Hours) Overnight at Hotel Exploration of Tashilhunpo Monastery, founded in 1447 by the 1st Dalai Lama, is a historic and culturally important monastery. Start driving to Gyantse. in Gyantse visit the Palcho Monastery. The highlight is the Kubum Stupa has a 35m-high chorten with its white layers trimmed with decorative stripes.

Day 15: Gyantse - Lhasa 3650m (264 Km - 6/7 Hours) Overnight at Hotel Alone your driving route you will explore Yamdrok Lake, beautiful blue lake. For Tibetans, it is one of the

four holy lakes of Tibet and the home of the “wrathful deities” and Karola Glacier at 5,560 m. reach at Lhasa and transfer to Hotel.

Day 16: Lhasa sightseeing. Overnight at Hotel Begin sightseeing in Historical city Lhasa that includes Potala Palace, the greatest monumental structure in Tibet, and it was once the center for both spiritual and temporal power of Tibet. You will be attracted deeply by rooms, halls, chapels, and furnishings of Potala Palace. And the stories that took place there will convulse you absolutely. In the afternoon, we will visit Jokhang Temple which is the holiest Tibet's temples. A palpable sense of reverence accompanies a visit here. The constant bustle, dazzling paraphernalia of worship, flickering butter lamps and wreaths of heady incense make the Jokhang Temple one of Tibet's most memorable experiences. Finally we will visit fascinating Barkhor Street which is Lhasa's liveliest place and it is also the main route for prayer wheels rotating.

Day 17: Lhasa Sightseeing. Overnight at Hotel This morning we make sightseeing tour of the Drepung Monastery which was once Tibet's richest Monastery, with four colleges and 10,000 monks in its heyday in the 17th century. A group of white buildings stands on the hillside and out against the majestic Mt. Gambo Utse, here you can get a wonderful view of the Lhasa City and surrounding scenery. The next sightseeing spot is Sera Monastery. It is famous for its warrior monks, Dob-Doa. After that, we will visit Norbulingka which was once the summer palace of the Dalai Lamas. It contains several palaces, chapels, and buildings. Finally we drive back to the hotel.

Day 18: Fly back to Kathmandu or Mainland China Drop you to Gongar Airport for your further flight to Kathmandu or to Mainland China. You also have option to exit Tibet by train to mainland China.

Cost: Depend on group size, please contact us in info@touchkailash.com

Cost Include

- Private transportation in entire tour
- Tibet travel permit and group visa
- Accommodation in Tibet and Kailash on twin sharing and group sharing hotels and guest houses
- Breakfast in Tibet (Shigatse, Gyantse, Lhasa and EBC part)
- An english speaking Tibetan guide
- Entrance fees for Manasarovar and Guge Kingdom
- Singtseeing in major monuments and its entrance fees

- Yaks or Helper to carry goods during Kailash parikrama
- Emergency evacuation arrangement
- Service charge and government taxes

Cost Exclude

- Lunch and Dinner in Tibet part (Shigatse, Gyantse, Lhasa and EBC part)
- All the foods (Breakfast, Lunch and Dinner) in Kailash part
- Personal horse and helper during Kailash parikrama
- Personal equipment, Insurance, Medicine expenses
- Cost of emergency evacuation

Trip Note

1. **Lhasa Kailash Guge Kingdom Tour** itinerary can be customized. You also can fly first to Lhasa and drive back to Kathmandu. You also can enter and exit from mainland China. Enter from China and exit towards Nepal OR vice versa in this trip is possible.
2. Also can include **Everest Base Camp Tibet** in this trip

Useful Information

- Do not bring any books, magazine, pictures about Tibet, Buddhism or about any Lama's. Custom of China won't allow entering with those kinds of materials.
- Fresh vegetables, fresh fruits, liquids like Ghee, Oils are not allowed entering from Chinese custom at Kodari.
- Do not take any pictures and videos in Chinese customs, Army and police station
- Make queue in every customs and in checking post as per your visa list number (your guide will give you instruction from first day)
- Take cooperative position from every Nepali and Tibetan staffs and in Immigration sites

Booking Policy

1. Application should be submitted at least 60 days before the provisional date of departure.
2. Minimum of 6 months valid Passport scan copy by mail or passport copy by courier should be submitted when the booking is made
3. Upon the confirmation 25% deposit amount per person is required which is non-refundable..
4. Our company trip booking form with your signature as per our terms and conditions
5. All the clients need to carry ID Proof, (passport original) while traveling by air.

6. The itinerary can be changed without notice due to unavoidable circumstance beyond our control such as political unrest, Natural calamities, changes in itinerary by the Chinese authorities etc.

Cancellation Policy

1. IRs.25, 000/- or USD 400 non-refundable, if the booking is done.
2. 50% cancellation charges of the rate package cost incase cancellation is received between 7 – 15 days of departure.
3. No refund in case cancellation is done after your permit and visa.
4. No refund or adjustment will be made in the event of interruption of journey by a client on his own after commencement of the tour.
5. Any changes in given itinerary requested by the client will be on chargeable basis.
6. Extra accommodation in Kathmandu over 3 nights as per itinerary due to early arrival from Kailash, rescue charges, medical bills are bill direct to Yatris.
7. If the trip is disturbed in case of Visa/ permit problem create from Tibet, or any other reason which is not in our hand, it is clients own risk and all the expenses are paid by clients.